

# Be an expert procrastinator with these eggs

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Voices Editor

It's only Monday and I still cannot write anything substantial. Is anyone else struggling amid this time of cramming and remembering those assignments briefly mentioned at the beginning of the semester? Have you related far too much to the "Spongebob Squarepants" episode in which Spongebob does everything but write his essay? Don't worry—I'm struggling with you. Here are some of my favorite things that keep me somewhat-sane as we approach another holiday weekend filled with procrastination.

Schedule your time. There honestly isn't a way to go around the panic that seeps in once you count all the things you must do, but you can at least be prepared.

I'm incredibly weird and perhaps a little bit obsessively clean when stressed, so I tend to clean my room. The clean space clears my head and takes the idea of having to do any chores, after I finish all the work I have to do, off my mind.

Have you ever seen "Grey's Anatomy"? No? Well that's unfortunate. Regardless, the idea of de-stressing by "dancing it out" is one that cannot be beat. Crank the music and do what you need to do for however long you need to do it.

Have you ever heard of trading an hour of homework for an hour of Netflix? I recommend this highly—just don't cheat!

Friends are usually the best people to turn to when you are stressed. Without a doubt, your friends are just as stressed as you are (if not more). Make some plans to meet near the end of the week and it might encourage you to meet your goals!

Do something outside! Whether it's raining or not, there's always something to do. Hammocking may seem like the only thing to do, but if you simply take a walk or move your study area to the Pine Grove, you won't regret it a bit.

Have you ever had a *paleta*? If you're like a majority of Hope College students, then probably not. A *paleta* is the Mexican version of a pop-cicle. It's cheap, good and available just a few blocks away. Why not try one?

As an English major, I find it hard to begin writing after I've done so many different things throughout the day. Something I've noticed is that it helps to write something fun or even something that makes absolutely no sense. Just sit down and write. It helps to have flow before going anywhere.

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